

Examination System (2026-27)

The academic session consists of two terms,

First Term : April to September 2026

Second Term : October to March 2027

PT1.	In the month of July 2026
PT 2/ Half Yearly Exams -	In the month of September 2026
PT-3	In the month of November/December 2026
PT 4/ Annual Exam -	From last week of February 2027

Internal Assessment will be assessed as per the given parameters.

Class Work / Home Work / Notebooks/ Assignment/ Listening and Speaking Skills/
Reading and Writing Skills/ Portfolio/ Projects.

Detailed Internal Assessment

Languages - English/ Hindi/ Sanskrit/ Punjabi		Mathematics/ Science/ Social Science	
Listening Skill	5	Critical Thinking & Evaluation	5
Speaking Skill	5	Problem - Solving & Inference	5
Reading Skill	5	Collaboration & Creative Thinking	5
Writing Skill and Language (Vocab, Spelling, Grammar)	5	Value/ Ethical application of concepts	5
Project and Viva	5	Project and Viva	5
Portfolio (Notebook & SEA)	5	Portfolio (Notebook & SEA)	5
Reading Bonus (0/1/2/3/4)			
Total	30	Total	30

Term 1 - Periodic Test 1
Periodic Test 2 / Half Yearly Exam

Term 2 - Periodic Test 3
Periodic Test 4 / Annual Exam

Calculation of Final Grade

Term 1 - Periodic Test 1 (20 Marks) + Periodic Test 2 / Half Yearly Exam (50 Marks)
+ Internal Marks (30 Marks) = 100

Term 2 - Periodic Test 3 (20 Marks) + Periodic Test 4 / Annual Exam (50 Marks) +
Internal Marks (30 Marks) = 100

Note:

1. Co - Scholastic subjects Yoga, Music, Computer, Art and Craft, Dharam Shiksha, General Knowledge and Physical Education will be assessed on their level of participation in these activities and Indicators of Assessment will be mentioned in the Progress Report Card.
2. If a Child fails to appear in Exams, no Retest will be conducted.
- 3.

GRADING SYSTEM

Scholastic Assessment

Grades are awarded on a 8 - Point Grading Scale as follows

Marks Range	Grade
91 - 100	A1
81 - 90	A2
71 - 80	B1
61 - 70	B2
51 - 60	C1
41 - 50	C2
33 - 40	D
32 & below	E

Co - Scholastic Assessment

Grades are awarded on a 5 - Point Grading Scale as follows

A1	A2	B1	B2	C
Highly	Quite	Performs	Trying	Can do
Competent	Capable	Satisfactorily	Well	Better

A candidate must obtain a minimum of Grade D in all the subjects for promotion to the next class. Candidates scoring 91% and above in aggregate will be considered as A1 Achiever.

Class - III
English
(2026-2027)

Books prescribed

1. My English Reader
2. English Practice Book

Note:

- It is mandatory to Carry Pocket dictionary to school.
- Notebook maintenance and participation in activities will be assessed throughout the year.
- All grammar topics of practice book will be taken in notebook also.

Term:1

Periodic Test (P.T. - I)

Reading

Unseen Passage/Reading Comprehension

Writing

Picture Composition

Grammar

- Nouns (Naming words)
(Common and Proper Noun)
- Change the number (How many?)

Literature

Unit : Animal World

Lesson : The Dolphins

Lesson : The canary

Lesson : The Ostrich and the Hedgehog

Poem : At the Zoo

Reading Bonus

Page No. 28 of Practice Book

HALF YEARLY / PT2

Section- A (Reading)	Section- B (Writing)	Section-C (Grammar)	Section-D (Literature)
1. Reading Comprehensions	1. Paragraphs 2. Applications 3. Picture Composition [No choice in any topic]	1. Noun 2. Pronoun 3. Adjectives 4. Verbs (Doing words) 5. Change the number (How many?)	Unit-II Nature Cares L- The God of River L- Minu and Dino L- Trees

Month Wise Syllabus

April

Sections:	
Writing	Picture Composition
Grammar	Noun (Naming words)
Literature	Poem : I speak, I say, I talk (Activity Based) Lesson : The Dolphins

May

Reading	Reading Comprehension
Grammar	Number (How many?)
Literature	Lesson : The Dogs (Activity Based), The Canary The Ostrich and the Hedgehog Poem : At the Zoo

June

Summer Vacation Task :
Printed assignment will be given including project work and Reader Bonus Topic.

July

Reading	Reading comprehension
Writing	Application : 1 Paragraph : 1
Grammar	Verb (Doing words)
Literature	Unit :2 Nature Cares Lesson: The God of River Revision for PT1

August

Reading	Reading Comprehension
Writing	Application :2 Picture Composition
Grammar	1) Pronouns 2) Adjectives (Describing words)
Literature	Poem : Trees are the kindest Things I know (only for Reading) Lesson : Minu and Dino Lesson : Trees Revision of PT2

September

P.T-2 will be conducted.

Term :2

PT-3

Reading	Reading Comprehension
Writing	Picture Composition
Grammar	1) Types of Sentences 2) Use of a, an, the (Articles)
Literature	Unit:3 Regard for Values L: Nina is the winner Poem : Two Little kittens L: Krishna and Sudama L : The Birthday Kitten

Reading Bonus Page No. 47 of Practice Book

ANNUAL EXAMINATION / PT-4

Section- A (Reading)	Section- B (Writing)	Section-C (Grammar)	Section-D (Literature)
Reading Comprehension	1. Paragraphs 2. Letter Writing 3. Picture Composition (No choice in any topic)	1. Adjectives 2. Prepositions 3. Articles 4. Subject and predicate 5. Types of sentences	Unit :4 (Adventure) L- Man Learns to fly L- Michael Goes climbing L- The Magic Room

Month wise syllabus

October

Reading	Reading Comprehension
Writing	Picture composition
Grammar	1) Types of Sentences 2) Articles (a, an, the)
Literature	L-Nina is the Winner Poem- Two little kittens

November

Reading	Reading comprehension
Writing	Letter - 1 & 2
Grammar	Subject and Predicate
Literature	L- Krishna and Sudama L- The Birthday kitten L- Man Learns to Fly

December

Reading	Reading Comprehension
Writing	Paragraph 1, 2
Grammar	Prepositions
Literature	L- Michael goes climbing
Revision of PT-3	

Winter Vacation Task:

Printed assignment will be given including Project Work and Reader Bonus Topic

January

Reading :	Reading Comprehension
Literature :	L- The Magic Room

February

Annual / PT-4 will be followed by Revision Schedule.
PT-4 Annual will be conducted

हिन्दी

पाठ्य पुस्तकें-

भाषा माधुरी भाग- 3

भाषा अभ्यास भाग- 3

सत्र प्रारंभ होने पर पहले दिन वर्णमाला का ज्ञान तत्पश्चात् मात्रा ज्ञान करवाया जाएगा।

आवधिक परीक्षा 1 (पी.टी. 1)

भाषा माधुरी +

भाषा अभ्यास

पाठ 1 भोलू भुलक्कड़

पाठ- 2 भारत देश,

पाठ-3 हाथी और चिड़िया

व्याकरण - संज्ञा , क्रिया

गिनती 1 - 20 + **Reading Bonus** पाठ - 4 चींटी ने पाठ पढ़ाया

आवधिक परीक्षा-2 (पी.टी. 2)

भाषा माधुरी

पाठ- 5 बहादुर दोस्त

पाठ- 6 घमंडी मक्खी

पाठ- 7 दादा जी

पाठ- 8 अगर पेड़ भी चलते होते

व्याकरण

1. संज्ञा

2. क्रिया

3. विलोम शब्द

4. लिंग

5. वचन

6. संयुक्त व्यंजन

7. अनुस्वार / अनुनासिक

8. समानार्थी शब्द

अनुच्छेद

1. मेरा विद्यालय

2. मेरी प्रिय अध्यापिका

चित्र वर्णन

प्रार्थना पत्र	1) बीमारी में अवकाश के लिए प्रार्थना पत्र (रिक्त स्थान) पठित गद्यांश (पूर्ण वाक्य में उत्तर) गिनती- 1-30
कक्षा गतिविधियाँ	1) ज़मीन के ऊपर व नीचे उगने वाली सब्जियों के नाम चित्र सहित। 2) भारत देश कविता सस्वर वाचन 3) शब्द लड़ी 4) मुखौटा बनाना 5) सूखी पत्तियों से डिज़ाइन बनाना 6) अखरोट के छिलके से कछुआ, चिड़िया बनाना माह के अनुसार पाठ्यक्रम अप्रैल (वर्णमाला तथा मात्राएँ पुनरावृत्ति)
भाषा माधुरी	पाठ 1, 2
भाषा अभ्यास	पाठ 1,2 संज्ञा गिनती - 1-20 मई
भाषा माधुरी	पाठ 3, 4, 5
भाषा अभ्यास	पाठ- 3, 4, 5 क्रिया जुलाई
भाषा माधुरी	पाठ- 6, 7
भाषा अभ्यास	6, 7 अवकाश के लिए प्रार्थना पत्र (बीमारी के लिए) चित्र वर्णन पी.टी. 1 की दोहराई अगस्त
भाषा माधुरी	पाठ-8
भाषा अभ्यास	पाठ 8 अनुच्छेद- मेरा विद्यालय, मेरी प्रिय अध्यापिका पठित गद्यांश , गिनती- 21-30

सितंबर

मध्य सत्र पाठ्यक्रम की दोहराई

- ग्रीष्मावकाश कार्य
- 1) कक्षा में करवाए गए दोनों पुस्तकों के कार्य को याद कीजिए।
 - 2) किसी भी जानवर का मुखौटा बनाकर उस पर पाँच पक्तियाँ लिखकर बोलिए
 - 3) छपा हुआ कार्यपत्रक (परियोजना कार्य)

आवधिक परीक्षा-3 / पी.टी. 3

- भाषा माधुरी +
भाषा अभ्यास
- पाठ-9 गीत का कमाल
पाठ-10 बूझो तो जाने
पाठ-11 चूँ-चूँ की टोपी,
पाठ-12 सुबह
व्याकरण- विशेषण, विराम चिह्न
गिनती 31-40

आवधिक परीक्षा 4 / पी.टी. 4

- व्याकरण
- 1) विशेषण
 - 2) विराम चिह्न
 - 3) सर्वनाम
 - 4) पर्यायवाची
 - 5) 'र' के रूप
 - 6) संज्ञा
 - 7) क्रिया
 - 8) वचन
 - 9) लिंग
 - 10) विलोम
 - 11) अनुस्वार / अनुनासिक
 - 12) समानार्थी
- भाषा माधुरी +
भाषा अभ्यास
- पाठ-13 ऐसे थे लाल बहादुर शास्त्री
पाठ-14 सबसे बड़ा मूख
पाठ-15 बुआ का पत्र
पाठ-16 सवालौ राम

अनुच्छेद	1) मेरा प्रिय त्योहार 2) सुबह की सैर अपठित गद्यांश- (पूर्ण वाक्य में उत्तर)
पत्र	1) मित्र को धन्यवाद पत्र। गिनती - 1 - 50, प्रार्थना पत्र, चित्र वर्णन (पूर्ण वाक्य में प्रश्न/उत्तर)
कक्षा गतिविधियाँ	1) बधाई कार्ड बनाना 2) शब्द लड़ी बनाना 3) चूँ-चूँ की टोपी पाठ का नाटक मंचन/टोपी बनाना। 4) लाल बहादुर शास्त्री पर पाँच पंक्तियाँ 5) सबसे बड़ा मूर्ख (नाट्य मंचन) 6) दीपावली के लिए कार्ड (पेज नं. 69, 74) 7) पशु-पक्षी बनाइए। मासानुसार पाठ्यक्रम अक्तूबर भाषा माधुरी पाठ -9, 10, 11 भाषा अभ्यास पाठ- 9, 10, 11 नवंबर भाषा माधुरी पाठ- 12, 13 भाषा अभ्यास पाठ- 12, 13, विराम चिह्न, मित्र को धन्यवाद पत्र व प्रार्थना पत्र गिनती- 31-40 दिसंबर भाषा माधुरी पाठ- 14, 15 भाषा अभ्यास पाठ- 14, 15 अनुच्छेद मेरा प्रिय त्योहार, सुबह की सैर जनवरी भाषा माधुरी पाठ- 16 भाषा अभ्यास पाठ- 16 गिनती 41-50 अपठित गद्यांश , चित्र वर्णन फरवरी वार्षिक परीक्षा पाठ्यक्रम की दोहराई

शीतावकाश कार्य- (परियोजना कार्य) -

- 1) रंग बिरंगी क्ले से गणेश जी की मूर्ति बनाकर उन पर पाँच पंक्तियाँ लिखकर बोलिए।
- 2) छपा हुआ कार्य पत्रक।
- 3) दोनो पुस्तकों में करवाया गया कार्य याद कीजिए।

MATHEMATICS

Book Prescribed: Primary Mathematics (Class- III)

Periodic Test - 1

Unit - 1 Numbers upto 9999

Unit 2 - Addition

Unit 3 - Subtraction

Tables: Upto 14

Half Yealy Exam / Periodic Test-2

Tables upto 15

Unit-1 Numbers upto 9999 W.S(3-BT)

Unit-2 Addition (Ws.3 to 5)

Unit-3 Subtraction (Ws. 5 - B.T.)

Unit-4 Multiplication

Unit-6 Day, Date and Time

Unit-8 length.

Activity

- Abacus making
- Model of Clock/Calender
- Field activity related to measurement

Oral Work

Tables (Dodging tables: 2 to 15)

Addition and Subtraction (without carry and borrow)

Multiplication (90x2, 50x5)

(5 marks have been kept for the oral test)

Monthwise Syllabus

April

Table 2 to 14

Unit 1 Numbers upto 9999

Unit 2 Addition W.S. (1 and 2)

May

Unit 2 Addition
Unit 3 Subtraction

July

Revision of P.T- 1
Unit 4 Multiplication

August

Unit 6 Day, Date and Time
Unit-8 Length

September

Revision Term-1 / Periodic test-2

Note :

1. The above mentioned activities and project will be evaluated in the given term.
2. All the given assignments and note books will be evaluated.

Periodic Test 3

Unit 5- Division
Unit 7- Money
Unit-4 Multiplication (W.S. 3 and 8)
Tables upto 16

Annual Examination / Periodic Test-4

Unit 5 - Division (W.S. 8 - B.T.)
Unit 7 - Money
Unit 9 - Weight
Unit 10 - Capacity
Unit 11- Fraction
Unit 12 - Geometry
Tables upto 17

Activity

- Pasting price tag to different items
- Drawing 3-D shapes in scrap book
- Weighing machines with the help of cups
- Fraction flower
- Paper folding Activity on fraction
- Field excursion on Money going to canteen

Oral Work	Tables/ Dodging tables Addition/ Subtraction (without carry and borrow) Multiplication/ division (30x60, 135÷15) (5 marks have been kept for the oral test)
Note :	1. The above mention activities and project will be evaluated in given term. 2. All the given assignments and note books will be evaluated.

Monthwise Syllabus

October	Unit-5 Division Unit 7 Money (W.S. 1 to 4)
November	Unit 7 Money (W.S.5 to BT) Unit 11 Fraction
December	Unit 9 Weight Unit 10 Capacity
January	Unit 12 Geometry
February	Revision for Annual Exam

SCIENCE

Book Prescribed: My Living World-III

Periodic Test 1

Lesson- 1 My body
Diagram- Human Tongue + Assignment

Lesson- 2 Plants Around us
Diagram- Parts of a Plant + Assignment

Mid Term Examination / Periodic Test 2

Lesson - 1 My Body
Lesson- 2 Plants Around us
Lesson- 3 Leaf
Lesson- 4 Importance of Plants
Lesson- 5 Animals

Diagram	1 Leaf and its parts
	2. Fresh water animals
	3. Salty water Animals
	4. Human tongue
	Assignments of all chapters

Activities: (Classroom/ Smart Class)

1. Paste/Draw pictures of sense organs (S.B)
2. Paste/ Draw pictures of trees/shrubs/ herbs (S.B)
3. Paste/ Draw pictures of useful leaves (S.B)
4. Paste/ Draw pictures of land/air/ water animals
5. Nature walk to identify tree/ shrub/herb.
6. A potted plant will be shown in the class to identify its parts.
7. Identification of different leaves
8. Van Mahotsava Celebration
9. Video showing care of sense organs
10. Make a collage of things we get from plants.
11. Assignments of all the lessons.
12. Make different objects using leaves and paste in S.B
13. Make Flashcard of animals and speak few lines on it

Monthwise Syllabus

April Lesson - 1, Diagram. Human Tongue

May Lesson- 2, Plants Around us-

Revision for PT-1

July Lesson- 3, Diagram. Leaf & its parts

Lesson- 4 , Diagram Parts of plant

August Lesson- 5, Animals

Diagram

- Fresh Water Animals
- Salty Water Animals

September **Revision for P.T-2**

Periodic Test 3

Lesson - 6 Feeding habits of animals + Assignments

Lesson- 7 Birds and their nests + Assignments

Annual Examination / Periodic Test 4

Lesson- 6 Feeding habits of animals

Lesson - 7 Birds and their nests

Lesson- 8 Food

Lesson- 9 Cooking and Eating habits

Lesson- 10 Water

- Diagram**
1. Underground stems
 2. Edible roots
 3. Water Cycle

Activities:

1. Paste pictures of carnivorous/ herbivorous and omnivorous animals (S.B)
2. Paste different types of feathers (S.B)
3. Paste pictures of sources of water (S.B)
4. Flash card activity (L-6)
5. Nest-making using coconut shells, straws, twigs, cotton etc.
6. Experiment showing water cycle.
7. Classroom lunch Activity
8. Video Showing water cycle
9. Video showing different types of cooking utensils.
10. Assignments of all the lessons.
11. Make utensils using clay.
12. Make a project about dams of India and on which river they are located .

Month wise Syllabus

October

- Lesson- 6 - Feeding habits of Animals
Lesson- 7 - Birds and their nest.

November

- Lesson- 8 - Food
Diagram- 1. Underground stems
2. Edible Roots

December

- Lesson- 9 - Cooking and Eating Habits

January

- Lesson-10- Water
Diagram water cycle

February

- Revision for Annual Examination

SOCIAL SCIENCE

Book prescribed: We and our World

Periodic Test - 1

Lesson- 1 The Family

Lesson- 2 Family similarities

Lesson - 3 Our Food

Map Skill L-1, 2, 3 + Assignments

Periodic Test - 2

Lesson - 3 Our food

Lesson - 4 Our Dresses + Assignment.

Lesson- 5 The Early Man + Assignment

Lesson- 6 Learning about works + Assignments.

Lesson- 7 If you believe you can, you will. +
Assignment.

Map Skill - 3, 4, 5, 7

Class Room/ Smart class room activities

- 1) Students will collect the photographs of their family member for making family tree.
- 2) Thanks giving card
- 3) Role play on different occupation
- 4) Paste the pictures of different occupations in scrap-book.
- 5) Make beautiful composition in scrap book with vegetables like lady finger, capsicum, onion, potato etc.
- 6) Draw and display (Tools of Early man)

Month wise syllabus

April Lesson- 1 The Family

Lesson-2 Family Similarities

May Lesson- 3 Our food

Lesson-4 Our Dresses

July Lesson- 5 The Early Man

Lesson- 6 Learning About Works

August Lesson- 7 if you believe you can, you will.

September Revision of Mid Term Exam

Periodic Test - 3

Lesson - 8 Let us Enjoy
Lesson - 9 Our Homes (with Assignment)
Lesson - 10 Beautiful Homes
Lesson- Directions with Assignment

Periodic Test-4

Lesson-11 Directions
Lesson- 12 Conquering Distances (With Assignment)
Lesson - 13 Closing Distances (with Assignment)
Lesson - 14 I am proud to be an Indian (with Assignment)
Lesson - 6 Learning About works
Lesson-9 Our Homes
Map Skill - L-11, 12, 13, 14, 9

Class Room/ Smart Class Room Activities

- 1) Paste pictures of different types of houses in scrap- book.
- 2) Poster on 3R's
- 3) Collage making of different means of communication, Interview
- 4) Paste pictures of different means of transport in scrap-book.
- 5) Paste picture of your favourite game and Write some lines on it.

Month wise syllabus

October	Lesson- 8 Let us Enjoy Lesson - 9 Our Homes Lesson - 10 Beautiful homes
November	Lesson - 11 Directions Lesson - 12 conquering Distances
December	Lesson - 13 Closing Distances Lesson - 14 I am proud to be an Indian
January / February	Revision of Annual Exam

Computational Thinking

Chapter 1 - What's In a Name?

Chapter 2 - Toy Joy

Chapter 3 - Double Century

Chapter 4 - Vacation with My Nani Maa

Chapter 5 - Fun with Shapes

Chapter 6 - House of Hundreds -I

Chapter 7 - Raksha Bandhan

Chapter 8 - House of Hundreds - II

Chapter 9 - Fun at Class Party!

Chapter 10 - Filling and Lifting

Chapter 11 - Give and Take

Chapter 12 - Time Goes On

Chapter 13 - The Surajkund Fair

GENERAL KNOWLEDGE

Book Prescribed : Kid-Wiz [Class III]

MID TERM EXAMINATION

Page : 1 to 30

Extra Topic : Indian States and their capitals

ANNUAL EXAMINATION

Page : 31- 60

नैतिक-शिक्षा

पाठ्यपुस्तक : नैतिक शिक्षा भाग-3

ग्रीष्मावकाश गृहकार्य- प्रार्थना गीत याद करो

मध्य सत्र परीक्षा

1. आर्य समाज के प्रथम पाँच नियम
2. पाठ 1 से 6 तक
3. गायत्री मंत्र - याद करो तथा लिखने का अभ्यास

शीतावकाश गृहकार्य- डी.ए.वी. गान याद करो।

वार्षिक परीक्षा

1. आर्य समाज के अन्तिम पाँच नियम
2. पाठ 7 से 13 तक
3. गायत्री मंत्र गीत (तूने हमें पैदा किया...) याद करो

विशेष : हवन विधि व्यावहारिक रूप से सिखाई जाएगी।

DRAWING

Books Prescribed : 1. Step by Step
2. Plain drawing book

Please note : Use Plastic Crayons, HB pencil and scale

MID TERM EXAMINATION

Step by step : Pg. 1 to 20

Free Hand drawing : 1. Over lapping of geometrical shapes.
2. Object drawing
3. Birds composition

Activity : 1. Paper Bag
2. Greeting Card
3. Thumb Painting

ANNUAL EXAMINATION

Step by Step :

Pg. 21 to 40

Free hand Drawing

1. Sea Scene
2. City Scene
3. Animal Study

2. Activity :

1. Slogan Writing
2. Spray painting
3. Best out of waste

YOGA

II योग

पाठ्य विषय:

1. योग क्या है? योग और व्यायाम में क्या अन्तर है।
2. योग करने वाले विद्यार्थी को किस प्रकार का भोजन लेना चाहिए? अध्यापक के द्वारा कक्षा में बताया जाएगा।
3. आसनों को कितने भागों में बाँटा गया है। अध्यापक द्वारा कक्षा में बताया जाएगा।

सूक्ष्म व्यायाम:

1. ग्रीवा शक्ति विकासक
2. जंघा शक्ति विकासक
3. कोहनी शक्ति विकासक
4. अंगुली शक्ति विकासक
5. पिंडली शक्ति विकासक
6. नेत्र शक्ति विकासक

आसन :

लेटकर करने वाले आसन :

- | | | |
|----------|----------------|--------------|
| 1. शवासन | 2. उतानपाद आसन | 3. अर्धहलासन |
| 4. हलासन | 5. सर्वांगासन | 6. नौकासन |

- | | | |
|--------------------|-------------|-------------------|
| 7. सेतुबन्ध आसन | 8. मकरासन | 9. सर्पासन |
| 10. भुजंगासन | 11. धनुरासन | 12. पूर्ण धनुरासन |
| 13. पूर्ण भुजंगासन | | |

बैठकर करने वाले आसन

- | | | |
|------------------|------------------|-------------------|
| 1. पद्मासन | 2. उत्थितपद्मासन | 3. योगमुद्रासन |
| 4. मत्स्यासन | 5. दण्डासन | 6. पार्श्वमौलानसन |
| 7. आकर्ण धनुरासन | 8. वक्रासन | 9. वज्रासन |
| 10. शशांकासन | 11. उष्ट्रासन | 12. मंडुकासन |
| 13. कोकिलासन | | |

खड़े होकर करने वाले आसन

- | | | |
|--------------|----------------|----------------|
| 1. वृक्षासन | 2. गरुड़ आसन | 3. ताड़ासन |
| 4. उत्कट आसन | 5. पादहस्तासन | 6. त्रिकोण आसन |
| 7. नटराज आसन | 8. कटि चक्रासन | |

ध्यानात्मक आसन :

- | | |
|------------|-------------|
| 1. पद्मासन | 2. सिद्धासन |
|------------|-------------|

योगनिद्रा ब्राटक

प्राणायाम

- | | |
|---------------------------|------------------------------------|
| 1. अनुलोम-विलोम प्राणायाम | 2. सूर्यभेदन (सूर्यभेदी प्राणायाम) |
|---------------------------|------------------------------------|
- सूर्य नमस्कार की सभी बारह कलाएँ

GAMES

- | | | |
|----------------|----|-----------------------|
| Indoor | 1. | Mr. Elephant's Memory |
| | 2. | Carrom |
| | 3. | Ludo |
| | 4. | Chess |
| Outdoor | 1. | Race and relay races |
| | 2. | Kho-Kho |

3. Skipping rope
4. Message race
5. Ring catching
6. Flying Disc
7. Understanding commands of Morning assembly
8. Dumbbells
9. Lezium
10. PT

MUSIC & DANCE

प्रार्थना एवं भक्ति

1. गायत्री मंत्र
2. शांति पाठ
3. राष्ट्रगान
4. डी० ए० वी० गान

DANCE

April + May

Punjabi Song

July + August

Janmashtmi Songs

September + October

Rajasthani Song

November + December

Mix Songs

January + February

All songs Practice

Information & Communication Technology

Book Prescribed: Hands On

Mid term Examination

Theory:

- L-1 Getting Started (Activity - Headgear Activity)
- L-3 Keyboard 1
- L-4 Touch Typing: Play with Text Editor
- L-5 Know the Keyboard

Practical Work:

- Identify computers and its parts
- How to open and shut down a computer
- Functions of Restart & Stand by
- Identify types of keys on the keyboard
- Appreciate the positioning and use of Alphabet & Number Keys
- Familiarize with the position and use of Space Bar, Enter, Escape and Arrow keys on the keyboard

Following topics will be given for typing

1. My Family
2. My Class Room
3. My Teacher

Annual Examination

- L-2 Fundamentals of Computers
- L-6 Using the Icons
- L-7 Tux Paint: Let's paint the World
- L-8 Use safe: Precautions While Using Computers

Activity : Students will enact as parts of computer and speak few lines also.

Practical Work:

- Identify and familiarize with the position of CAPS LOCK, Shift and NUM Lock keys on the keyboard
- Learn the use of Delete & backspace key

- Identify and familiarize with Desktop
- Define Icons & Use of Icons
- familiarize with maximize, minimize and restore options

Tux Paint:

- Appreciate the use of Tux Paint Software
- Various features of Tux Paint Window
- Understand the use of various tools & Shapes